



# Dr. Amit Dilip Nabar

Healthcare Strategist | Clinical Strategy & Transformation | India  
Market Expert

MBBS · MD · DA · FCPS · LLB (Mumbai) · SMP — IIM Ahmedabad · NABH Certified  
Assessor

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Physician-strategist with 25+ years of senior clinical and operational leadership — uniquely positioned at the intersection of clinical medicine, management strategy (IIM Ahmedabad), law (LLB), and quality governance (NABH Assessor). Operates where consulting mandates demand credibility that generalist advisors cannot provide: hospital transformation, clinical due diligence, regulatory risk, and India market-entry strategy. Combines hands-on P&L ownership of a high-volume emergency department within a leading Fortis-group hospital with the structured strategic toolkit of a practising management programme graduate.

## CORE DOMAIN SPECIALITIES

### A. Healthcare Strategy & Hospital Transformation

- **Transformed** a high-volume ED at Fortis-group S.L. Raheja Hospital into Maharashtra's first NABH-accredited emergency centre — redesigning care pathways, clinical KPIs, and governance structures from the ground up.

|                                                   |                                                     |
|---------------------------------------------------|-----------------------------------------------------|
| Hospital operations & P&L ownership               | Specialty mix & care pathway optimisation           |
| Clinical KPI design & performance benchmarking    | Organisational design for high-acuity care units    |
| Community outreach strategy & patient acquisition | Strategic decision-making (IIM Ahmedabad SMP, 2026) |

### B. Clinical Due Diligence & Market Entry

- **Evaluated** care delivery models, physician productivity, and length-of-stay drivers across multi-specialty ICU and emergency settings — providing the clinical evidence base for M&A, PE due diligence, and hospital acquisition mandates.

|                                                        |                                                     |
|--------------------------------------------------------|-----------------------------------------------------|
| Clinical asset & operational risk assessment           | Care model benchmarking for investment mandates     |
| Health-tech & diagnostics clinical validation          | IEC/CDSCO regulatory pathway design                 |
| New service commissioning (HBOT: 0 → 100+ dives/month) | India market-entry strategy for healthcare entrants |

### C. Regulatory, Quality & Governance

- **Credentialed** as NABH Certified Assessor (QCI, 2024) — one of a select group of clinicians who have both delivered accreditation at institutional level and hold independent assessor authority to audit others across India.

|                                                     |                                                  |
|-----------------------------------------------------|--------------------------------------------------|
| NABH accreditation — delivery & external assessment | CDSCO, NMC, QCI & ICMR compliance advisory       |
| SOP & clinical governance framework design          | Patient safety systems & adverse event protocols |

|                                                |                                                       |
|------------------------------------------------|-------------------------------------------------------|
| Ethics committee governance (Member Secretary) | Internal quality audit methodology (Fortis certified) |
|------------------------------------------------|-------------------------------------------------------|

D. Medico-Legal Risk & Institutional Governance

- **Structured** consent architecture, liability frameworks, and documentation standards for institutional clients — drawing on dual qualifications in medicine (MD) and law (LLB) unavailable to generalist consultants.

|                                                    |                                                |
|----------------------------------------------------|------------------------------------------------|
| Medical negligence risk identification & defence   | Consent architecture & documentation standards |
| Expert opinion: clinical negligence & duty of care | Medical insurance dispute resolution           |
| Healthcare regulatory compliance (CDSCO, NMC)      | Research ethics governance & ICMR alignment    |

RELEVANT ENGAGEMENT AREAS

- Hospital chains & multi-specialty platforms
- PE / VC healthcare portfolio companies
- Clinical turnaround & quality transformation
- Digital health ventures

CURRENT ENGAGEMENT

|              |                                                     |
|--------------|-----------------------------------------------------|
| Organisation | S.L. Raheja Hospital — A Fortis Associate, Mumbai   |
| Designation  | Director, Emergency Department & Community Medicine |
| Tenure       | May 2024 — Present                                  |

Strategic Responsibilities

- **Spearheaded** the hospital's Outreach Clinic Programme — a community-first strategy extending multi-specialty care across Mumbai's western suburbs, directly strengthening brand reach and new patient acquisition.
- **Directed** the Emergency Department as a full governance centre: accountable for clinical outcomes, staffing models, protocol compliance, and maintenance of NABH accreditation status.
- **Championed** the SLRH Academic Forum as Head — designed and operationalised CME programmes, resident training curricula, and nursing upskilling tracks across clinical departments.
- **Governed** institutional research ethics as an active member of the hospital's NABH-accredited Ethics Committee — overseeing consent frameworks and patient rights compliance.

Concurrent Advisory & Institutional Roles

- **Lead** the AMC Medico-Legal Cell as Joint Secretary, Association of Medical Consultants India — driving practitioner education on consent architecture, documentation standards, and liability mitigation across the medical fraternity.
- **Conduct** external hospital quality audits as NABH Certified Assessor (QCI) — evaluating institutional compliance and delivering accreditation recommendations.
- **Completing** Senior Management Programme, IIM Ahmedabad (2026) — deepening expertise in organisational strategy, stakeholder management, and operational transformation.

## PAST ENGAGEMENTS

**S.L. Raheja Hospital, Mumbai | Head of Department — Critical Care & Emergency Medicine | 2010 – 2024**

*Advanced from Consultant to Head of Department over 14 years — transforming a general casualty unit into one of Maharashtra's first NABH-accredited emergency departments.*

- **Elevated** the Emergency Department to full NABH accreditation — making it the second ED accredited in Maharashtra and the first in Mumbai's western suburbs, setting a new quality benchmark for the region.
- **Built** and operationalised a multi-disciplinary ICU managing high-acuity cardiac, neurological, oncological, and complex medical cases; established clinical governance structures from the ground up.
- **Institutionalised** comprehensive clinical and non-clinical SOPs, governance protocols, and quality frameworks — documents that remain the operational backbone of the department today.
- **Launched** and ran a Hyperbaric Oxygen Therapy Unit from planning through commissioning; designed patient protocols and scaled activity to 100–125 dives/month across wound care, TBI, diabetic foot, and radiation injury indications.
- **Established** the department as a SEMI-recognised CCTEM/MEM training centre — designing curriculum, certifying faculty, and implementing outcome-tracking systems for postgraduate emergency medicine trainees.
- **Steered** the NABH-accredited Ethics Committee as Member Secretary — governing all clinical research approvals, consent audits, and regulatory compliance with ICMR and NMC standards.

**Dr. L.H. Hiranandani Hospital, Mumbai | Associate Consultant — Critical Care | 2007 – 2010**

- **Managed** complex medical and surgical cases in a 150-bed tertiary/quaternary hospital; developed specialist competency in post-renal transplant care (live-related and cadaveric).
- **Completed** advanced training in liver transplant patient management at Sir Ganga Ram Hospital, Delhi — expanding clinical scope into India's most complex organ care pathways.
- **Mentored** residents and nursing staff in critical care protocols, establishing an early record of clinical teaching and team development.

## EXPERIENCE RELEVANT TO LEGAL, QUALITY & MANAGEMENT

### Legal

- **Qualified** lawyer (BGL + LLB, Mumbai University, 2018) with active medico-legal practice — one of the few clinicians in India holding concurrent medical and legal credentials.
- **Authored** published work on medico-legal risk: 'Medicolegal Aspects of Dermatology & Aesthetic Practice' (IRAMEDT) and a textbook chapter on medico-legal case writing in the Textbook of Emergency Medicine Including Intensive Care & Trauma.
- **Advises** practising physicians on consent architecture, documentation standards, and liability exposure as Joint Secretary, AMC Medico-Legal Cell.

### Quality & Accreditation

- **Delivered** full NABH accreditation for S.L. Raheja's Emergency Department — the first in Mumbai's western suburbs — covering compliance design, staff training, and assessor coordination.
- **Appointed** NABH Certified Assessor (QCI, 2024) — independently audits Indian hospitals against national quality standards; one of few clinicians qualified to both implement and assess accreditation.
- **Embedded** clinical KPI dashboards, adverse-event reporting systems, and SOP frameworks now sustained as institutional standards across ICU and Emergency functions.

### Management

- **Directs** ED and Community Medicine at a Fortis-group hospital as Director — P&L accountability, cross-functional governance, staffing strategy, and community outreach programming.

- **Completing** Senior Management Programme, IIM Ahmedabad (2026) — structured learning in organisational design, strategy execution, and stakeholder management directly applicable to consulting engagements.
- **Designed** and led the SLRH Academic Forum — overseeing CME, multi-disciplinary training, and postgraduate faculty programmes across clinical departments.

## CREDENTIALS & QUALIFICATIONS

|                  |                                                                                                                                                        |
|------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------|
| Medical          | MBBS (1999) · DA (2002) · FCPS (2004) · MD Anaesthesia (2005)<br>Topiwala National Medical College & Nair Hospital, Mumbai                             |
| Legal            | Bachelor in General Law (2017) · LLB (2018)<br>Mumbai University — Medico-legal specialisation                                                         |
| Management       | Senior Management Programme — IIM Ahmedabad (2026)                                                                                                     |
| Quality & Safety | NABH Certified Assessor (QCI, 2024)<br>Course Director – ACLS & BLS (AHA) · Instructor – ATLS (ACS)<br>BDLS · ADLS · ENLS · PALS · Hyperbaric Medicine |
| Registration     | Maharashtra Medical Council: 10/3461/2002                                                                                                              |
| Professional     | Joint Secretary, Association of Medical Consultants (AMC), India<br>Ethics Committee Member, SLRH (NABH-accredited) · SNTD Women's University          |

## THE MULTIDISCIPLINARY EDGE

Fewer than a handful of practitioners in India combine active credentials across clinical medicine, IIM-level management education, law, and national quality accreditation. This trifecta closes the gap between healthcare capital deployment and on-the-ground clinical and regulatory realities — precisely the domain expertise McKinsey, KPMG, EY, and leading advisory firms cannot source from generalist consultants. The value is not the credential portfolio in isolation; it is the ability to translate clinical operations, regulatory architecture, and institutional governance into the structured, evidence-based recommendations advisory firms deliver to investors, governments, and hospital systems.

## CONTACT

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Mumbai, India — Available for advisory, consulting, and board engagements globally.